Sunday, May 5

6:00 pm - 8:00 pm Event C	Check-in & W	Velcome Mixer
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Come grab your event badge, check out where the sessions will take place and mingle with fellow attendees over some delicious food and drinks.

Monday, May 6

9.00 AM -	10:30 PM	01: Seize the Day with Brian Buffini
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11:00am - 12:00 pm **02: Breaking Out of a Rut** with Brian Buffini

12:00 PM - 2:00 PM Day 1 - Synergy Group Lunch

2:00 PM - 3:00 PM 03: Seize Your Strengths with Rachael Yeaman

3:30 pm - 4:30 pm **04: Phil the REALTOR**® with Brian Buffini

Tuesday, May 7

9:00 AM - 10:15 AM	05: Soundtracks: The Surprising Solution to Overthinking
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with Jon Acuff

06: Q&A with Jon Acuff 10:45 AM - 11:45 AM

11:45 AM - 2:00 PM Day 2 - Synergy Group Lunch

07: The Road Less Traveled with Brian Buffini 2:00 PM - 3:30 PM

Free Time 3:30 pm - 6:00 pm

6:00 PM - 9:00 PM 20th Anniversary Platinum Ball

> Let's celebrate in style! Join us for an unforgettable evening to celebrate 20 years of The Peak Experience. Black tie optional, while formal wear is highly

encouraged — it is not required.

Wednesday, May 8

9:00) AM -	10	:15	AM	08: Smarter	, Faster	, Better	with	ı Char	les D)uhig	g
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10:45 AM - 11:45 AM 09: Q&A with Charles Duhigg

Day 3 - Synergy Group Lunch 11:45 AM - 2:00 PM

2:00 pm - 4:00 pm 10: The Blink of an Eye with Brian Buffini





2024 Homework

This year's theme for your journey at The Peak Experience will be **Seize the Day**. Before Brian takes the stage to dive into this transformative content, you have a bit of studying to do yourself.

Make sure you are prepared by watching and reading the below materials before you arrive to the The Broadmoor on May 5-8, 2024.

Homework #1

Watch: "Groundhog Day" www.imdb.com/title/tt0107048/



Homework #2

Read: "Soundtracks" by Jon Acuff



Homework #3

Read: "The Power of Habit" by Charles Duhigg



